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Non contractual document - Do not litter - June 2024.

Design/Editing: Municipality of Megève- Printing: Kalistène (Cran-Gévrier) Photo credits: Andy Parant, Florian Monot, Evolution 2, Virage Montagne, Oxygène, Megève Raquettes, Jeunes diplomates, la Petite Académie, Les Aigles du Léman, Megève Ski Area, Anna Cantu, Bureau des Guides de Megève, Megève Parapente, Les Portes du Mont Blanc+DR.





ESPRIT FAMILLE What is it?

Megève is a real paradise for families.



Keen to always meet your expectations, Megève has introduced a special family-friendly quality approach, so that you can enjoy an unforgettable holiday together and create happy memories! By committing to this approach, our partner restaurant owners, hosts and activity and service providers can offer you their renowned expertise in welcoming families.

HELLO, MY NAME'S BILLY BOSTEU!

l'm Megève's mascot

I'll be your guide for this brochure and your holidays in Megève. I'll help you discover (or rediscover) all the activities and events you can enjoy with your family or on your own, in the company of professionals. So, it's over to you! Have a great holiday in Megève

Billy Bosteu



WE WANT TO WHAT YOU THINK! Scan the QR code to fill in the questionnaire



Esprit Famille programme MAJOR EVENTS THIS SUMMER

Here is a selection of summer events See the full programme on the visitmegeve.uk website, the 'Megève Officiel' app or at the Megève Tourist Office reception desk.

Saturday 29 and Sunday 30 June Cuisine Mon Village

Saturday 6.00 pm to 10.00 pm and Sunday 10.00 am to 3.00 pm • Village square

Megève is an ardent advocate of the taste and flavours of the mountains and celebrates the skills and knowledge of its chefs and producers over this weekend.

Tickets at the venue: €2 (1 appetizer/drink at the food stands). For details contact Megève Tourist Office on +33 (0)4 50 21 27 28 visitmegeve.uk

From Saturday 13 July to Saturday 24 August Welcome to Megève Every Saturday at 6.00 pm • Megève Tourist Office amphitheatre

Barely arrived and already in the swing of things! Megève knows how to make you feel welcome and gets your holiday off to a great start with lots of top tips to ensure your experience is a memorable one.

Free admission • Details Megève Tourist Office +33 (0)4 50 21 27 28 visitmegeve.uk

Saturday 6 to Monday 14 July International Show Jumping of Megève with CSI 1-star & 3-star events

Le Palais esplanade

For the 12th Megève International Show Jumping, the CSI 1-star and 3-star competitions will once again take place on Le Palais esplanade. Enjoy sport, a friendly atmosphere, gourmet delights and a great show.

Free admission • Details Megève Tourist Office +33 (0)4 50 21 27 28 jumping-megeve.com • visitmegeve.uk

Tuesday 9 to Thursday 11 July Once upon a time... Ancient Rome

From 10am to 12 noon and from 2pm to 5pm Pré de Saint-Amour

An immersive journey into the world of Ancient Rome. Delve into history and find out about Latin script, excavations, ancient cuisine, the military equipment of a Roman soldier and a Gallic warrior, as well as ancient dance and fighting techniques.

Free admission • Details Megève Tourist Office +33 (0)4 50 21 27 28 visitmegeve.uk



Wednesday 10 July to Wednesday 28 Augus **Musical Evenings** Every Wednesday 5.00 pm to 6.00 pm Jardin du Calvaire

Let the sound of music soothe you as you sit back and relax in a magical place that oozes with calm and serenity! The joy of listening to music filling the air, unleashed in the heart of nature and echoing across the mountains.

Free admission • Moved to Le Palais auditorium and square on 7 August in the event of rain Details from Megève Tourist Office +33 (0)4 50 21 27 28 • visitmegeve.uk

Thursday 11 July to Thursday 29 August **Thursday concerts** Every Thursday at 6.30 pm • Megève Tourist Office amphitheatre

Enjoy a joyous and celebratory moment! Taking place once a week on Thursdays, this series of concerts showcases musical diversity, bringing in artists from all backgrounds.

Free admission • Moved to Le Palais auditorium in the event of rain • Details from Megève Tourist Office +33 (0)4 50 21 27 28 visitmegeve.uk

Sunday 14 July Bastille Day celebrations 8.30 p.m. • Village square

Join the Harmonic Orchestra of Megève in a paper lantern parade and enjoy a dazzling show before dancing to the joyous beat of Génération Y!

Free • Information from Megève Tourist Office +33 (0)4 50 21 27 28 • visitmegeve.uk

Friday 12 to Sunday 14 July The 28th Megève Jazz Contest On the streets of the village

This New Orleans Jazz contest involves 6 orchestras performing in every part of the village playing exclusively traditional jazz over an entire weekend of festivities. Bebop lessons are also available.

Free admission to concerts • Fees apply to the be-bop lessons • Details and programme from Megève Tourist Office +33 (0)4 50 21 27 28





Saturday 3 August Foal competition Esplanade du Palais

The finest specimens from the Alpine pastures and the pride of the people of Megève are presented before a Franco-Swiss jury who assess their breed, gait and conformity.

Free admission • Food and refreshments on site • Information from Megève Tourist Office +33 (0)4 50 21 27 28 • visitmegeve.uk

Saturday 10 and Sunday 11 August Fête du Village On the streets of the village

Enjoy this event celebrating ancient traditions and customs. Megève comes alive to the sounds of old crafts and folk groups, faithful reminders of the authenticity and history of a traditional village in Savoie.

Free admission - Information from Megève Tourist Office +33 (0)4 50 21 27 28 visitmegeve.uk





Esprit Famille programme ACTIVITIES FOR CHILDREN

Tuesday 9 July Nature Lab & Hike full day course

9.00 am to 4.30 pm • Musée de l'Ermitage du Calvaire

Children are introduced to the mountain environment and the local flora and fauna in a fun way under the guidance of a nature and sports instructor. Using equipment for budding naturalists and an interactive tablet, the children hike along a forest trail looking for signs of animals, listening to bird song and visiting an educational pond. Observation of soil microfauna using a binocular magnifier at the Musée de l'Ermitage is also included.

For 8 to 12 year olds • One price for all: €45 Information and registration at Le Palais desks +33 (0)4 50 21 15 71 • lepalaismegeve.com

Wednesday 10 July to Wednesday 28 August Story time

Wednesday 11.00 am to 11.45 am • Children's section, Le Palais multimedia library

Embark on a journey to the land of books. Stories for both interested children and adults. Make yourself comfortable, close your eyes, get ready to listen and let us tell you a story.

Ages 3+ • Free admission • Information at the Multimedia library, Le Palais +33 (0)4 50 91 57 70 • mediatheque.megeve.fr

Tuesday 9 July to Tuesday 27 August Aquagames Tuesday 2.00 pm to 5.00 pm • Pool complex, Le Palais

Ready for a challenge on the floating fun trail? Family fun and fits of laughter guaranteed

From 6 years • Price included in swimming pool and balneotherapy admission • Information and registration at Le Palais desks +33 (0)4 50 21 15 71 lepalaismegeve.com



Wednesday 10 July to Wednesday 28 August Guided tour: the hidden face of Le Palais

Every Wednesday from 11.00 am to midday-Le Palais

Visit Le Palais and go behind the scenes with our team of technicians.

There's a whole world to explore, where you can gain a better understanding of our great sports complex.

Ages 11+• Free admission • Information and registration at Le Palais desks +33 (0)4 50 21 15 71 • lepalaismegeve.com

Thursday 11 July to Thursday 29 August An Introduction to Fitness Every Thursday 4.30 pm to 6.00 pm • Espace Forme du Palais

A special session for teenagers in the fitness centre! Our coaches offer age-appropriate exercises designed to help you have fun, learn how to position yourself without hurting yourself and enjoy doing indoor sport.

For 15 to 16 year olds • One price for all: €15 Information and registration at Le Palais desks +33 (0)4 50 21 15 71 • lepalaismegeve.com

Friday July 12 Felt animal workshop 2.00 pm to 3.30 pm • Le Palais

A workshop perfect for developing your creative side. An activity leader will show

your child how to work with felt, and they'll be able to take home the animal they've made!

For 6 to 10 year olds • One price for all: €5 Information and registration at Le Palais desks +33 (0)4 50 21 15 71 • lepalaismegeve.com

Monday 15 July Pottery for parents and children 10.00 am to 11.30 am • Le Palais

Enjoy a pleasant moment together, sharing the joys of pottery!

Age 6 and over • One price for all: €15 Information and registration at Le Palais desks +33 (0)4 50 21 15 71 • lepalaismegeve.com

Monday shows 'Tronches de Vie' 6.00 pm • Village square

Two women in a mobile launderette receive a multitude of clothes, reflecting the lives of 7 characters! Once they have put on the clothes, which is much like putting on a life, they present the people and their most treasured part of life: their story.

Open to all • Free admission • Moved to Le Palais auditorium in the event of rain Information available from Megève Tourist Office • +33 (0)4 50 21 27 28



Tuesday 16 July to Tuesday 20 August Nature workshop: a mountain of biodiversity

Tuesdays 3.00 pm to 5.00 pm • Entrance hall next to the cultural centre

Workshop leaders from the Château des Rubins have 6 workshops on offer looking at biodiversity in mountain areas. Through fun and entertaining activities, and by learning ancient skills, learn about the diversity of the mountains. The focus this year is on wetland areas

Ages 5+ • Free admission Details from Megève Tourist Office +33 (0)4 50 21 27 28 • visitmegeve.uk

Thursday 18 July Pool Party From 8.00 pm to 10.00 pm• Pool complex, Le Palais

Is your child between 11 and 15 years old? Do they want to enjoy an evening with a difference with their friends? Pool party at Le Palais pool.

P.S.: parents are not allowed in!

For 11 to 15 year olds • One price for all: €5 Information and registration at Le Palais desks +33 (0)4 50 21 15 71 • lepalaismegeve.com



Thursday 18 July Introduction to Biathlon 11.00 am to 12.30 pm • Football pitch

Come and try biathlon on a fun and safe running trail and rifle shooting range! Ready to shoot at the target? Watch out for penalty laps!

Age 7 and up • One price for all: €15 Information and registration at Le Palais desks +33 (0)4 50 21 15 71 • lepalaismegeve.com



VTT MB Academy in partnership with the MB Race 2.00 pm to 5.00 pm • Sommet de Rochebrune

Introductory group for beginners: fun and educational workshop to learn the technical basics followed by a mountain bike ride to put into practice what has been learnt. Group for the more experienced: advanced technical exercises and practice on downhill sections.

6 years and over, depending on level • Pay as you sign up at www.mb-race.com Details from Megève Ski Area +33 (0)4 50 21 57 10 forfaits.megeve.com

Sunday 21 July

Themed guided walk

Top of the Rochebrune cable car 9.30 am: A bird's-eye view of Megève 2.30 pm: Learn about medicinal plants

Join a mountain guide on a hike to learn about the landscape, heritage and history of the Megève cable car. Subject to weather conditions. Cancellations possible 48 hours in advance.

Access on foot or via the ski lifts 7 years and over • Group size approximately 12 Free admission, not including ski lifts

Book with the Bureau des Guides de Megève +33(0)4 50 2155 11 · contact@guides-megeve.com Details from the Megève Ski Area +33 (0)4 50 21 57 10 · forfaits.megeve.com

Monday 22 July Pottery for parents and children 10.00 am to 11.30 am • Le Palais

Enjoy a pleasant moment together, sharing the joys of pottery!

Age 6 and up • One price for all: €15 Information and registration at the Le Palais desks +33 (0)4 50 21 15 71 • lepalaismegeve.com



Monday 22 July Monday shows 'ManoAMano Circo' 6.30 pm • Pré de Saint-Amour

Originating from Argentina, ManoAmano Circo presents its new show 'NOSO3' in which movement and emotion reign supreme.

Open to all • Free admission • Cancellation in the event of rain • Information available from Megève Tourist Office +33 (0)4 50 21 27 28 visitmegeve.uk



Tuesday 23 July

Board games afternoon 3.00 pm to 6.00 pm • On the mezzanine in the multimedia library, Le Palais

Bring your family or friends to spend a pleasant afternoon at Le Palais de Megève multimedia library. Board games, card games, strategy games and educational games - there's something for everyone. The only rule? Bring your own curiosity!

From age 3 · Free · Details from Le Palais multimedia library +33 (0)4 50 91 57 70 mediatheque.megeve.fr

Wednesday 24 July Les Aigles du Léman Between 11.00 am and 4.30 pm • Sommet de Rochebrune

Come and admire the Aigles du Léman during 20-minute shows of birds of prey in flight at 12 noon, 2.00 pm and 3.30 pm, followed by 20-minute photo sessions with the public at 11.00 am and 4.30 pm.

Access on foot or via the ski lifts. For the whole family • Free admission, not including ski lifts • subject to weather conditions • Details from Megève Ski Area +33 (0)4 50 21 57 10 forfaits.megeve.com



Thursday 25 July

Herbarium-making workshop 10.00 am to midday • Edith Allard Modern and Contemporary Arts space

Botanical artist Léa Layeux will be holding herbarium-making workshops as part of her 'Murmures des sous-bois' exhibition. All materials are provided and you will take your creation home with you.

Age 8 and up • One price for all: €15 Information and registration at Le Palais desks +33 (0)4 50 21 15 71 • lepalaismegeve.com

Monday 29 July Monday shows 'Mozart vs Mozart' 8.30 pm | Megève Tourist Office amphitheatre

Four musicians in period costume bring you a show of musical humour and an offbeat journey through the life of the most insanely brilliant composer of all time, namely Wolfgang Amadeus Mozart, through a dozen somewhat iconoclastic scenes.

Age 7 and up • Free admission • Moved to the Palais auditorium in the event of rain Details from Megève Tourist Office +33 (0)4 50 21 27 28 • visitmegeve.uk

Tuesday 30 July Nature Lab & Hike full day course 9.00 am to 4.30 pm • Musée de l'Ermitage du Calvaire

Children are introduced to the mountain environment and the local flora and fauna in a fun way under the guidance of a nature and sports instructor. Using equipment for budding naturalists and an interactive tablet, the children hike along a forest trail looking for signs of animals, listening to bird song and visiting an educational pond. Observation of soil microfauna using a binocular magnifier at the Musée de l'Ermitage is also included.

For 8 to 12 year olds • One price for all: €45 Information and registration at Le Palais desks +33(0)4 50 21 15 71 • lepalaismegeve.com

Wednesday 31 July

Themed guided walk

Top of the Rochebrune cable car 9.30 am: A bird's-eye view of Megève 2.30 pm: Learn about medicinal plants

Join a mountain guide on a hike to learn about the landscape, heritage and history of the Megève cable car. Subject to weather conditions. Cancellations possible 48 hours in advance.

Access on foot or via the ski lifts • 7 years and over • Group size approximately 12 Free admission, not including ski lifts

Book with the Guides de Megève +33(0)4 50 21 55 11 · contact@guides-megeve.com Details from Megève Ski Area +33(0)4 50 21 57 10 · forfaits.megeve.com

Thursday 1 August Pool Party From 8.00 pm to 10.00 pm • Pool complex, Le Palais

Is your child between 11 and 15 years old? Do they want to enjoy an evening with a difference with their friends? Pool party at Le Palais pool.

P.S.: parents are not allowed in!



For 11 to 15 year olds • One price for all: €5 Information and registration at Le Palais desks +33 (0)4 50 21 15 71 • lepalaismegeve.com

Thursday 1 August Les Aigles du Léman Between 11.00 am and 4.30 pm • Sommet de Rochebrune

Come and admire the Aigles du Léman during 20-minute shows of birds of prey in flight at 12 noon, 2.00 pm and 3.30 pm, followed by 20-minute photo sessions with the public at 11.00 am and 4.30 pm.

Access on foot or via the ski lifts. For the whole family • Free admission, not including ski lifts • subject to weather conditions

Details from Megève Domaine Skiable +33 (0)4 50 21 57 10 • forfaits.megeve.com

Friday 2 August Felt animal workshop 2.00 pm to 3.30 pm • Le Palais

A workshop perfect for developing your creative side. An activity leader will show your child how to work with felt, and they'll be able to take home the animal they've made!

For 6 to 10 year olds • One price for all: €5 Information and registration at Le Palais desks +33 (0)4 50 21 15 71 • lepalaismegeve.com





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Sunday 4 August Themed guided walk

Top of the Rochebrune cable car 9.30 am: A bird's-eye view of Megève 2.30 pm: Learn about medicinal plants

Join a mountain guide on a hike to learn about the landscape, heritage and history of the Megève cable car. Subject to weather conditions. Cancellations possible 48 hours in advance.

Access on foot or via the ski lifts • 7 years and over • Group size approximately 12 Free admission, not including ski lifts

Book with the Guides de Megève +33(0)450215511.contact@guides-megeve.com Details from Megève Ski Area +33(0)450215710.forfaits.megeve.com

Tuesday 6 August Nature Lab & Hike full day course 9.00 am to 4.30 pm • Musée de l'Ermitage du Calvaire

Children are introduced to the mountain environment and the local flora and fauna in a fun way under the guidance of a nature and sports instructor. Using equipment for budding naturalists and an interactive tablet, the children hike along a forest trail looking for signs of animals, listening to bird song and visiting an educational pond. Observation of soil microfauna using a binocular magnifier at the Musée de l'Ermitage is also included.

For 8 to 12 year olds • One price for all: €45 Information and registration at Le Palais desks +33 (0)4 50 21 15 71 • lepalaismegeve.com

Monday 5 August Monday shows 'Notes en suspension' 6.00 pm • Village square

A piano runs away, a table rises into the air... Balancing on hands, juggling, trapeze, manipulating objects... Somewhere between circus and music, poetry and the burlesque, you can follow these two characters in a show full of surprises.

Open to all • Free admission • Cancellation in the event of rain • Details from Megève Tourist Office • +33 (0)4 50 21 27 28 • visitmegeve.uk

Tuesday 6 AugustBoard games afternoon3.00 pm to 6.00 pm • Mezzanine floor inLe Palais multimedia library

Bring your family or friends to spend a pleasant afternoon at the Palais de Megève multimedia library. Board games, card games, strategy games and educational games - there's something for everyone. The only rule? Bring your own curiosity!

From 3 years and over • Free admission Details from Le Palais multimedia library +33 (0)4 50 91 57 70 • mediatheque.megeve.fr

Thursday 8 August **Plant gilding workshop** 10.00 am to midday • Edith Allard Modern and Contemporary Arts space

Botanical artist Léa Layeux will be holding workshops for gilding plants in gold leaf as part of her 'Murmures des sous-bois' exhibition. All materials are provided and you will take your creation home with you.

From 12 years and over • One price for all: €15 Information and registration at the Le Palais desks +33 (0)4 50 21 15 71 • lepalaismegeve.com

Les Aigles du Léman Between 11.00 am and 4.30 pm • Sommet de Rochebrune

Come and admire the Aigles du Léman during 20-minute shows of birds of prey in flight at 12 noon, 2.00 pm and 3.30 pm, followed by 20-minute photo sessions with the public at 11.00 am and 4.30 pm.

Access on foot or via the ski lifts. For the whole family • Free admission, not including ski lifts Subject to weather conditions • Details from Megève Ski Area +33 (0)4 50 21 57 10 forfaits.megeve.com

Family challenges 5.30 pm to 7.00 pm • Indoor pool at Le Palais

A series of challenges for the whole family, guaranteed to make you laugh out loud! With relays and circuits, the aim is to cross the finish line together. Teams must comprise 2 adults and 1 child or 2 children and 1 adult. From 8 years and over • Price included in swimming pool and balneotherapy admission Information and registration at Le Palais desks +33 (0)4 50 21 15 71 • lepalaismegeve.com

Friday 9 August Felt animal workshop 2.00 pm to 3.30 pm • Le Palais

A workshop perfect for developing your creative side. An activity leader will show your child how to work with felt, and they'll be able to take home the animal they've made!

For 6 to 10 year olds • One price for all: €5 Information and registration at Le Palais desks +33 (0)4 50 21 15 71 • lepalaismegeve.com

Sunday 11 August Concert In Javen 5.30 pm • Lac de Javen

An open-air concert by the Megève Harmonic Orchestra against the exceptional backdrop of the surrounding mountains.

Free admission • Details from Megève Tourist Office • +33 (0)4 50 21 27 28 • visitmegeve.uk



Monday 12 August Monday shows 'Espuma Bruma' 6.00 pm • Village square

Espuma Bruma is a little bubble of air that comes to us from Mar del plata in Argentina. She's a specialist at tightrope walking and a master in the art of bubble making. Her show 'rOdandO' has blown in all the way from South America to Europe.

Open to all • Free admission • Cancellation in the event of rain • Details from Megève Tourist Office +33 (0)4 50 21 27 28 • visitmegeve.uk



Wednesday 14 August Themed guided walk Top of the Rochebrune cable car 9.30 am : A bird's-eye view of Megève 2.30 pm: Learn about medicinal plants

Join a mountain guide on a hike to learn about the landscape, heritage and history of the Megève cable car. Subject to weather conditions. Cancellations possible 48 hours in advance. Access on foot or via the ski lifts. 7 years and over • Group size approximately 12 Free admission, not including ski lifts

Book with the Bureau des Guides de Megève +33(0)4 50 21 55 11 contact@guides-megeve.com Details from the Megève Ski Area +33(0)4 50 21 57 10 · forfaits.megeve.com

Thursday 15 August Introduction to Biathlon 11.00 am to 12.30 pm • Football pitch

Come and try biathlon on a fun and safe running trail and rifle shooting range! Ready to shoot at the target? Watch out for penalty laps!

Age 7 and up • One price for all: €15 Information and registration at the Le Palais desks +33 (0)4 50 21 15 71 • lepalaismegeve.com

Monday 19 August Pottery for parents and children 10.00Am to 11.30 am • Le Palais

Enjoy a pleasant moment together, sharing the joys of pottery!

From 6 years and over • One price for all: €15 Information and registration at Le Palais desks +33 (0)4 50 21 15 71 • lepalaismegeve.com

Monday 19 August Monday shows 'Zikotempo' 6.00 pm • Megève Tourist Office

ampitheatre

ZIK doesn't know it yet, but his destiny is much grander than he imagines. TEMPO, sent by the Sages du Groove, arrives to tell him about his mission: to save music!

From age 4 years and over • Free admission Moved to Le Palais auditorium in the event of rain • Details from Megève Tourist Office +33 (0)4 50 21 27 28 • visitmegeve.uk

Tuesday 20 August VTT MB Academy in partnership with the MB Race 2.00 pm to 5.00 pm • Sommet de Rochebrune

Introductory group for beginners: fun and educational workshop to learn the technical basics followed by a mountain bike ride to put into practice what has been learnt. Group for the more experienced: advanced technical exercises and practice on downhill sections.

6 years and over, depending on level • Charge payable • Please book at www.mb-race.com Details from the Megève Ski Area +33 (0)4 50 21 57 10 forfaits.megeve.com



Tuesday 20 August Family Cinema 3.00 pm • Le Palais Auditorium

Come and be entertained and amazed with your family. Be charmed by a screening you did not expect!

From age 6 and over • Free admission With limited spaces • Details from Le Palais multimedia library +33 (0)4 50 91 57 70 mediatheque.megeve.fr

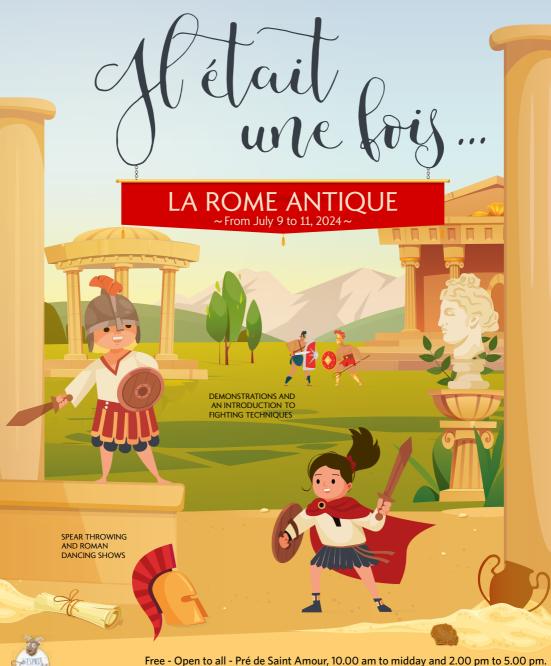
Monday 26 August Monday shows 'Eitis Magia' 6.00 pm • Megève Tourist Office amphitheatre

Enjoy this one man magic and circus show. A playful, colourful and heartfelt show where the power and impact of magic merge with the art of theatre and clowning.

Open to all • Free admission • Moved to Le Palais auditorium in the event of rain Details from the Megève Tourist Office +33 (0)4 50 21 27 28 visitmegeve.uk







Details from Megève Tourist Office +33 (0)4 50 21 27 28 - <u>visitmegeve.uk</u>

A DAY WITH THE FAMILY IN MEGÈVE

Some ideas for memorable family moments this summer!





A day outside

① Older children can set off on an electric mountain bike trip to the mountain pastures, where they can sample delicious local cheeses, while younger children can follow in the footsteps of Billy Bosteu and carry out an investigation to find out who has eaten Grandma Thérése's apples.

(2) Treat the family to a whitewater experience for an amusing exit from your comfort zone. Spend the afternoon at Le Palais pool, where younger children can have fun under the jets in the aqua play area or on the racer slide.

(3) Get away from it all in the evening in the mountains. Experience the thrill of sunset and an evening meal in a mountain refuge under the stars!

A day inside

① Enjoy some relaxation at the Le Palais spa during a child/parent paired massage or take advantage of the various sports facilities at Le Palais (swimming pool, balneotherapy, ice rink, climbing wall, fitness centre).

(2) Lunch in one of Megève's countless restaurants.

3 Marvel at the'Murmure des sous-bois' exhibition, explore the digital museum Micro-Folie and enjoy the virtual reality area.

• Visit the Cheval de Feug stables and learn about the history of horses in Megève before setting off on a horse-drawn carriage ride.

(5) Then, savour a delicious meal together as a family in a mountain farm.

To really fill your days, remember to take a look at the programme of events which you can pick up at Megève Tourist Office or download at visitmegeve.uk.

2024 SUMMER ACTIVITIES by age group

age of child →	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	page ↓
Panoramic playground																			41
Dinner ride in a horse-drawn carriage		For the whole family															33		
Pony rides																			33
Photography walk																			40
Dog hiking																			36
Canyoning – Belle au Bois waterfall																			28
Baroque investigation																			45
Climbing as a pair		For the whole family														44			
Climbing in Le Martinet																			28
Explor'Games																			38
Exhibition: 'Murmures des sous-bois'																			45
Giant Swing																			24
Golf																			26
English immersion: Summer Camp																			49
Introduction to climbing – group and individual lessons																			29
Treasure hunt: Billy Investigates																			35

All ages are given as an indication by the activity provider

age of child→	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	page ↓
The Calvaire nature trail																			38
Walks recommended by our Guides																			37
4S mountain coaster																			24
Parent/child paired massage																			42
Martelloscope (forest management plot)																			35
Megève discovery trails																			46
Micro-Folie																			46
Crazy golf		For the whole family															43		
Family time in the balneo area		For the whole family														43			
My first massage																			42
Mountain scooter																			40
Paint ball and Laser Tag																			25
Paragliding																			25
A ride in a horse- drawn carriage and a visit to the stables							F	or th	ne wl	hole	fami	ly							34
Pumptrack																			43
Rafting/Mini- rafting/Canoe rafting																			27

age of child →	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	page ↓
Trip to Javen Lake by electric mountain bike	From 1m35															26			
Exploring on horseback																			34
Pony trekking and evening grill	Accessible to all levels															33			
Night hike							Fo	or th	e wh	ole	fami	ly							39
River hiking in a stream																			32
Mountain bike trips																			29
Meeting the marmots	For the whole family															36			
Electric mountain bike outing in the Alps																			30
Electric mountain bike outing to explore Megève																			30
Spa for teenagers																			42
Creative courses to learn about the mountains																			50
Summer course																			50
Course of riding lessons																			49
Climbing course																			50
Trapper courses																			48
Summer Camp																			48
Tennis							Fo	or th	e wh	ole	fami	ly							44
Elves' Village							Fo	or th	e wh	ole	fami	ly							37
Visit to a reindeer farm and snacks							Fo	or th	e wh	ole	fami	ly							35
Discovery flight over the Mont Blanc massif																			39



OXALEA Léa Layeux MURINICES des sous-bois

From July 6 to September 1, 2024

and European Heritage Day on September 21/22, 2024

Espace d'arts moderne et contemporain Edith Allard - le Palais

Entrance : 3€ / children and schoolchildren free Every day except Monday / 3p.m - 7p.m Information : 04 50 21 27 28 / visitmegeve.uk



UNMISSABLE ACTIVITIES

for thrill-seekers

Here you'll find the "Unmissable activities" by Esprit Famille recommended by Billy Bosteu for an unforgettable stay in Megève! For even more excitement, a comprehensive quide to all the sports and cultural activities on offer is available in the "Megève Officiel" app.

4S mountain coaster

The weekend of 22 to 23 June, 1.30 pm to 5.30 pm; 29 June to 5 July, 1.30 pm to 5.30 pm; 6 July to 1 September, 10.30 pm to 7.00 pm. Late-night opening until 10.00 pm every Thursday from 18 July to 22 August.

A memorable experience to enjoy night or day. Climb aboard a toboggan, alone or in pairs, and prepare for a surge of adrenaline as you dip, curl and whiz through tunnels at varying speeds and elevations. Six minutes of excitement, laughter and thrills await you.

Age 3 and up, accompanied by an adult. Children can ride solo from the age of 9 years (or 14 years depending on weather

conditions). Head to Le Jaillet. Prices: 1 ride €8.50, 6 rides €42.50, 10 rides €66 (subject to change).

Added

• Option to hire the 4S mountain coaster for an event or activity.

• Option to buy a souvenir photo (€2 - card payments)

• Enjoy an area with tables, old toboggans and a cabin by the final bend.

Giant Swing From 6 July to 1 September, open continuously from 10.30 am to 5.00 pm

Adrenalin seekers, come and enjoy a thrilling experience with a view of Mont-Blanc. At 16 metres above the ground, start the countdown and take off for a thrilling ride at up to 20km/h.

From 8 years and over - Participants must be between 120 cm and 200 cm tall. Prices: €20 per person or €50 per swing for 3 persons

Le Jaillet lift prices: adult €11 single and €18.50 return; child (5-14 years) €9 single and €14 return (subject to change).

Les Portes du Mont-Blanc +33 (0)4 50 21 01 50 lesportesdumontblanc.fr



Paintballing - Laser tag

Paintballing is a great opportunity to play in the great outdoors in a magnificent setting. The six play areas are located in the forest and have natural obstacles. A friendly welcome awaits you, as well as guidance and assistance throughout the game. Bring your family to play at adventurers. An unforgettable experience packed with laughter, fun and thrills of excitement!

From 6 years and over, depending on the activity - Booking required - Overalls for the whole family available for paintballing

Prices: paintballing for children from 6 years and over €20 to €25.

Paintballing from 12 years from €25 to €45. Laser tag from 6 years old €20 per person.

Added

- Picnic and barbecue area with views of the play areas.
- Toy box available for children under 6 years.
- Children's birthday parties available.
- Free coffee for parents and sweets for children.

• Free photo.

Paintball Expérience +33 (0)6 09 81 31 17 paintballxp@paintballexperience.net

Paragliding Open throughout the year

An accessible dream, without any prior knowledge needed or feelings of vertigo. Take off and discover the magic of free flight in the midst of the Mont Blanc scenery around Rochebrune. Opt for a tandem flight accompanied by a professional. They will take you on a flight where you can see the alpine landscapes as you have never seen them before!

From 6 years and over • Telephone bookings only Prices: - First flight: child (6 - 13 years), €80, adult €90 - Flying experience (first flight + thrilling turns): child €90, adult €100 - First updraft experience (25 to 40 minutes): €130 Holiday vouchers accepted.

Baptême Megève Parapente

+33 (0)6 62 13 27 71 megeve.parapente@gmail.com megeveparapente.com



UNMISSABLE ACTIVITIES

for sport lovers

A trip to Javen Lake by electric mountain bike

1 June to 30 November, 9.30 am to 12.30 pm

Set off on a family adventure with a guide who will show you just how much fun an electric MTB can be, as you ride through exceptional surroundings. Head for the heights and get a refreshing change of scenery at the foot of Mont Joly. Enjoy the idyllic setting of Javen lake. Explore Megève as a family and spend some great quality time together.

Minimum height for children 1.35 m · Prices: €69/child, €79/adult, equipment included.

Alpes Aventures +33 (0)4 58 23 10 00 contact@alpesaventures.com alpesaventures.com



Golf

From 1 July to 31 August, 8.00 am to 7.00 pm, and from 1 September to 5 November, 9.00 am to 6.00 pm. Open every day

Come and enjoy some family time together and have some fun on the 18-hole golf course. The golf course in surrounded by greenery on a plateau of Mont Arbois, and is the ideal place for people of all ages. There are electric golf buggies available to get around the course more easily. You can practice first on the 16-step practice course and see where you stand with the rest of the group, before teeing off on the main course. You can also get an introduction or improve your skills thanks to the range of lessons and courses available throughout the summer.

From 4 years and over \cdot Prices: \notin 49 to \notin 98 for green fees (9 or 18 holes) + \notin 5 per bucket of golf balls. Equipment loan with deposit. Golf buggy rental: \notin 35 to \notin 50 for the 18-hole course, \notin 25 to \notin 35 for the 9-hole course, depending on the season (driver must be at least 16 years of age).

Golf du Mont d'Arbois +33 (0)4 50 21 29 79 golf.megeve@fourseason.com

Rafting, mini-rafting and canoe rafting

From 1 May to 21 September - mornings: 9.00 am/9.30 am/11.00am/11.30 am, afternoons: 1.30 pm/2.00 pm/3.30 pm/4.00 pm/4.30 pm for rafting

Treat the family to a whitewater experience for an amusing exit from your comfort zone. You can choose between a variety of craft: raft, mini-raft and canoe raft. Quality time together at the very heart of nature!

Age 7 and up for rafting and age 10 and up for mini-rafting and canoe-rafting \cdot Booking required \cdot Equipment supplied. **Prices:** child \in 30, adult from \notin 40.

Evolution 2

+33 (0)4 50 55 54 55 planning.megeve@evolution2.com



Climbing Le Martinet Climbing Site From 6 July to 31 August

Whether you're a novice, a beginner or at an advanced level, you'll find something to suit you here which is sure to push you out of your comfort zone! Climbing is a sport that fosters mutual support and trust with your belayer.

From 7 years and over • Helmets and harnesses are available (if outside), please bring your own climbing shoes• Booking required **Prices:** from €170 for 2 hours and from €250 for half a day – groups of 4.







Canyoning – Belle au Bois waterfall

1 May to 15 September, leaving at 9.00 am and at 1.00 pm for a duration of 3 hours

Slide, jump and climb, starting with the small waterfalls before heading for a slide leading to a 30-metre waterfall that you can abseil down in complete safety.

From 12 years and over • Price: €70

Evolution 2 +33 (0)4 50 55 54 55 planning.megeve@evolution2.com

Mountain bike trips 15 May to 31 October, every day

Learn how to ride the more physically challenging routes or take a leisurely ride along the mountain bike trails in the heart of the mountains.

From 12 years and over • Booking required **Prices:** Fixed price/ commitment: €200 for a half day, or €280 for a day - 1 to 8 people

Introduction to climbing group lesson 10 July to 28 August, Wednesday

2.30 pm to 4.00 pm

Enjoy climbing in a natural site and learn climbing techniques in complete safety with the support of a guide.

5 to 8 years • Booking required Price: child €32

Added

• Harnesses and helmets supplied

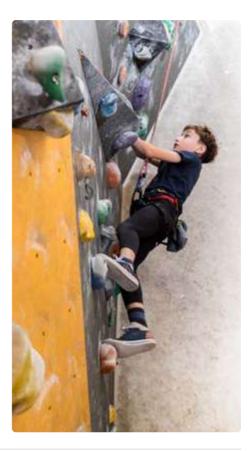
Climbing - individual lesson for one hour

Every day throughout the year.

Come and enjoy climbing on a man-made structure at Le Palais or on the training rock face at the Le Martinet climbing site. Learn a host of exercises with your guide to help you progress smoothly.

From 5 years and over • Booking required Fixed price/commitment: €65 per hour with an instructor (1 to 6 persons), excluding admission. • Harnesses, helmets (outdoors) and shoes (indoors) supplied for children up to 13 years.

Bureau des Guides de Megève +33 (0)4 50 21 55 11 contact@guides-megeve.com





Mountain biking **Exploring Megève...** 15 April to 1 December

With your family or friends, whatever their level, follow the instructor at your own pace. You'll discover the joys of mountain biking (standard or electric bikes). An experience enhanced by stories of the mountains, the fauna and flora... all in a natural setting.

Age 7 and up, minimum height 1.35 metres Booking required • Half day group prices: €42 per adult and €35 per child (under 12 years) minimum 6 people · Individual prices from 1 to 6 people: half day €180 - full day €320. Mountain bike rental not included.

Added

- Includes a break with free lemonade
- Souvenir photo of your adventure.
- Fun MTB games for the family.
- MTB instructor and helmet included.

Aperigloo Megève +33 (0)6 11 51 98 74 aperigloomegeve@gmail.com

A gourmet break to enjoy with the family Electric mountain bike outing in the Alps

Every day, from 29 June to 1 September at 10.00 am, 2.00 pm or 5.30 pm

Come and savour a unique experience in the heart of the mountains. Discover the secrets of the alpine meadows and delicious local cheeses during an electric mountain bike trip enjoyed with family or friends.

From 8 years and over • Prices: €49 per child, €65 per adult (equipment included) - €39 per child, €49 per adult (equipment not included). Subject to change

Great Deal

• Mountain bike hire included + gloves, helmet, elbow and knee protection.

Oxvaène

+33 (0)4 50 58 78 88 megeve@oxygene.ski oxygene.bike/fr



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Infos : +33 (0)4 50 21 15 71 - 🕑 🛛 🕧 @lepalaismegeve



lepalaismegeve.com







POOL PARTY



palais

WHAT WILL BE YOUR BEST MEMORY AT LE PALAIS ?

BALNEOTHERAPY



PENTAGLISSE

1

UNMISSABLE ACTIVITIES

nature

River hiking in a stream 1 June to 3 November 2024

To really return to the roots, take a lovely cool hike down a stream that has a few surprises in store. You'll swim in turquoiseblue pools and under waterfalls, all in a refreshing natural setting.

From 5 years and over \cdot Meet in front of the tourist office (by the amphitheatre) \cdot Booking required \cdot Group prices: half a day \in 35 per adult and \in 32 per child (age 12 and under) - 6 people minimum. Individual prices from 1 to 7 people: half a day \in 195 / full day \in 320

Added

- Wildlife observation from a distance.
- Using your senses in the great outdoors with a fun workshop.
- Refreshments provided during the outing.

Aperigloo +33 (0)6 11 51 98 74 aperigloomegeve@gmail.com



Electric mountain bike trip with snacks

1 May to 30 November, 2.00 pm to 5.00 pm

Enjoy some family time together in Megève. This easy electric mountain bike ride takes you to the summits, where you can enjoy a gourmet break. It's a chance to have fun on bikes and share some family time together during a unique experience in Megève!

Children 1.35m tall and above • Booking required **Price:** €75 per adult

Alpes Aventures +33 (0)4 58 23 10 00 contact@alpesaventures.com alpesaventures.com

Family nature walks Every day throughout the year for half a day or a full day on request

Accompanied by your guide, you'll pass through forests and alpine meadows, learning about the flora and fauna of our mountains.

5 years and over • Price: family price from €175 (1 to 12 people maximum).

Megève Raquettes +33 (0)6 18 21 87 11 contact@megeve-raquettes.com megeve-raquettes.com

Dinner ride in a horse-drawn carriage Meet at the farm at 11.30 am or at 6.30 pm

We've come up with an innovative concept for these evenings that will introduce you to local life, customs and, of course, the lives of our mountain horses. Visit our stables together as a family and then set off in our specially-equipped horse-drawn carriage for a unique, gourmet ride lasting around 1 hour (including a Savoie-style fondue tasting session).

For the whole family • Please book at least 24 hours in advance • Prices: €48 per adult excluding wine, €35 per child (6 -10 ans), minimum 4 participants.

Great deal

• Under 6s free.

Added

- Environmentally friendly
- Blankets available in addition to heating (thanks to the electric assistance).

Pony trekking and evening grill 1 July to 31 August – departure at 4.30 pm, return around 8.30 pm.

Enjoy the perfect mix of horse riding and mountain evenings with family and friends. Starting from the stables on horseback, we head to a mountain restaurant where an aperitif and grilled meats await you.

Suitable for all levels • *Price:* €88 (2-hour ride plus a stop for a meal) Please book at least 24 hours in advance

Pony rides 1 July 31 August – Possible outside this period if booked 24 hours in advance

33

Take your little ones for an outing along a suggested route, depending on how long you want to go (you can connect with paths that start and finish on the same roadside route).

2 years and over • Prices: 10 min €10, half day €45, full day €70. An unguided, unsupervised outing.

(Great deal) • 6x 30 min pass at €48 instead of €108 if you pay on a pay-as-you-go basis

Le Cheval de Feug – Florian Duvillard +33 (0)4 50 93 32 89 info@chevaldefeug.com chevaldefeug.com





A ride in a horse-drawn carriage and visit to the stables

Departure at: 9.00 am, 10.15 am, 11.30 am, 2.00 pm, 3.15 pm or 4.30 pm

Visit the stables where you can find out how our 40 horses live, as well as their diet and history. This is followed by a ride from the farm.

For the whole family • Please book 24 hours in advance • Prices: 4-seat carriage €72, 5-8-seat carriage €130, 8-12-seat carriage €160.



Exploring on horseback

Never been on a horse before, or only rarely, but you're tempted by the adventure? Have you mastered walking, trotting and cantering and are you not afraid of the mountains? Join us for a 1 hour, 2 hour or 3 hour discovery trek.

8 years and over • Please book at least 24 hours in advance • Prices: €30 for 1 hour, €58 for 2 hours, €75 for a half day. Private booking of a mountain leader for 2 hours (minimum 2 participants) €110 per person • Payment by cash, cheque or holiday vouchers.

Le Cheval de Feug Florian Duvillard +33 (0)4 50 93 32 89 info@chevaldefeug.com chevaldefeug.com





Treasure hunt: Billy Investigates 14 June to 31 October, every day

Who's eating Grandma Thérèse's apples? Stroll through the village and find the signs that will help you uncover the greedy thief... The investigation brochure is available from Megève tourist office.

For children from 2 to 6 years Free

Details from Megève Tourist Office +33 (0)4 50 21 27 28 visitmegeve.uk

Visit to a reindeer farm and enjoy home-made snacks 1 July 31 August

Visit our farm and go and meet the reindeer in their enclosure. You'll be able to feed them with lichen, then enjoy a home-made snack outside.

For the whole family Booking required and in good weather only Prices: adult €30, child (3-12 years) €20. Free for under 3s.

Domaine Le Coulairon +33 (0)6 80 57 21 94 contact@domainelecoulairon.com domainelecoulairon.com



Martelloscope 16 July to 20 August, every Tuesday 2.00 pm to 5.00 pm.

Learn about how to protect our forests and have fun at the same time. Blazing is the process of marking trees that are to be felled, for forest maintenance or management. People of all ages will be able to learn about how to manage and protect our forests, with a professional activity leader. An experience that is just as fun as it is educational.

8 years and over

Book at visitmegeve.uk. Meet at 2.00 pm at the top of Le Jaillet gondola lift or at 2.30 pm directly at the Martelloscope, accessible from the clay-pigeon shooting car park • **Price:** €5/ person (lifts not included)

Details from Megève Tourist Office +33 (0)4 50 21 27 28

visitmegeve.uk



Dog hiking 1 May to 30 September Departures at 10.00 am or 4.00 pm in May and June / at 9.30 am or 5.00 pm in July and August

The perfect activity for dog lovers. Go exploring in the company of our huskies to enjoy the Megève scenery. A walk that can be adapted to your level and preferences.

6 years and over • Prices: €50 per adult and €45 per child

Evolution 2 +33 (0)4 50 55 54 55 planning.megeve@evolution2.com



Meeting the marmots 1 May to 30 October

Would you like to meet the star of the mountains? Come and learn about marmots in their natural surroundings and in a wild setting with breathtaking views of Mont Blanc. An opportunity to see how these cute, real-life teddy bears go about their day, as you observe them without disturbing them. Very easy walk, suitable for the very young.

For the whole family \cdot Booking required \cdot Group prices: half a day \in 35 per adult and \in 32 per child (age 12 and under) – minimum of 6 people. Individual prices from 1 to 7 people: half a day \in 195 / full day \in 320

- Added
- Refreshments provided during the outing.
- Souvenir photo of your adventure.

Aperigloo Megève +33 (0)6 11 51 98 74 aperigloomegeve@gmail.com





Walks recommended by our Guides

15 June to 15 September

'The Cirque of the Chamois' Monday afternoon

Observe and learn about the way of life of the chamois in a natural cirque which is where they have established their summer residence.

'River hike'

Wednesday afternoon

Set off to explore the ecosystem of an alpine mountain stream.

'Lolotte the Marmot' Tuesday morning or Thursday afternoon from 22 July to 16 August

Will you be able to count all the burrows and marmots? Find out about their way of life and enjoy a relaxed time with the family close to nature.

7 years and over, alone or accompanied

Booking required • **Prices:** €28 per person in a group. Fixed price/ commitment: €175 (Private session for 1 to 12 people)

Great

• Family package: 1 child + 1 adult = €50.40

• Family package: 1 child + 2 adults = €75.60

• Family package: 2 children + 2 adults = €95.20

Bureau des Guides de Megève +33 (0)4 50 21 55 11 contact@guides-megeve.com

Elves' Village 6 July to 8 September, 9.30 am to 5.30 pm

Visit the Elves' Village, a heavenly little spot where children and adults are invited to enjoy an adventure in natural surroundings. With cabins, a picnic area and a swing Monday, Wednesday, Thursday, Saturday and Sunday from 13 July to 18 August, 10.00 am to 1.00 pm and 2.00 pm to 5.00 pm an activity leader opens up the cabins and all the games. There are two events a day at 11.00 am and 2.00 pm and a themed day each week.

For the whole family

The Rochebrune cable car is open 6 July to 8 September, 9.15 am to 5.45 pm, with a service every 30 minutes from 9.30 am. **Prices:** adult €10.50 single and €19.30 return, child (5-14 years) €9.30 single and €16.80 return.

Great

- 10 % discount when you purchase at least 4 return trips including at least 2 children.
- Children under 5: free on presentation of proof of age at time of purchase (except hands-free pass).

Added

• Birthday parties by prior arrangement

Megève Domaine Skiable





The Calvaire nature trail

A discovery trail highlighting the site's wealth of ecological and heritage features. The trail is lined with fun, interactive installations designed for families, so they can discover the mountain environment while having a good time.

6 years and over • Free access from the Montée du Calvaire or the Maz path. An easy 1-hour circular walk covering 1.8 km with 80 m of ascent in the shade of the trees.



Explor'Games Adventure in the palm of your hand 1 May to 31 October, every day

'In search of the lost goddess' outdoor adventure game based on Megève's biodiversity and history, using a free app.

6 years and over • The start is in front of the tourist office • The trail lasts about 1 hour 30 minutes and is in the Le Calvaire and Le Creux St-Jean areas (forest path).

Details from Megève Tourist Office +33 (0)4 50 21 27 28 visitmegeve.uk

Rando-Famille 8 July to 1 September

Set off on a self-guided family walk with an observation pack on a nature trail through the forest to learn about forest biodiversity and investigate the educational pond. Hike: Sunday to Friday, departure at 2:00 pm (duration between 1.5 and 2 hours) from the Musée de l'Ermitage du Calvaire

6 years and over accompanied by an adult Book at Megève Tourist Office or the Musée de l'Ermitage • **Price**: €10 including a backpack for 4 people with an interactive tablet, sunshade, book about the flora and sketchbook.

Rando-Famille

Musée de l'Ermitage • +33 (0)4 50 21 59 15 Megève Tourist Office • +33 (0)4 50 21 27 28

*

UNMISSABLE ACTIVITIES

for the reflective

Night hike 1 May to 30 November

Get away from it all in the evening in the mountains. Enjoy the sunset with an aperitif overlooking Mont Blanc, or an evening meal in a mountain hut, all under the stars!

For the whole family Booking required Half-day rate for individuals for 1 to 7 people: €195, then €25 for each additional person.

- Added
- Headlamps available on loan
- Free drinks from the guide

Aperigloo Megève +33 (0)6 11 51 98 74 aperigloomegeve@gmail.com



Flight over the Mont Blanc massif Throughout the year

Admire the glaciers of the Mont Blanc massif on a flight in one of our "Mousquetaire" planes, to enjoy amazing views with the whole family. The panoramic canopy gives you a 360° view of the iconic peaks and you can listen to the pilot's informed comments through your headset, which is provided. A flight at the start of the day will allow you to benefit from calmer air for a peaceful flight.

From 2 years and over • Booking required and depending on weather conditions • Prices depending on the itinerary: from €50 for children aged 2 to 12 years and from €100 for adults.

Great

Flight over the Vallée de Chamonix: family rate from €270 for 2 adults plus 2 children under the age of 12.

Added

• A souvenir awaits the children at the end of the flight

Aérocime

+33 (0)4 50 21 03 21 contact@aerocime.com aerocime.com 39



Photography walk All summer

Want to find out about the joys of photography with your family while exploring the streets of a village? Then, this introduction to photography is perfect for you! François, from Megève Forever, has prepared a 1-hour session especially for families. The youngest will be able to try their hand at photography in a fun way, while the older ones can ask any questions they may have about taking the perfect picture.

From 5 years and over • Booking required Price: €90, for 1 to 6 people.

Added
A family photo is available to capture this great experience

François Deswarte Photographer and poet +33 (0)7 56 86 76 00 megeve.forever@gmail.com megeveforever



Mountain scooter 1 May to 30 September

Explore effortlessly? Yes you can! Come and admire the mountain scenery during a 2-hour ride... A relaxed activity that will appeal to young and old alike, and a fun family day out.

From 12 years and over, minimum height

1.40m • Booking required • **Prices**: €65 per person for the group offer and €195 for the group/family offer (8 people maximum) + €40 for scooter hire (private offer).

Evolution 2 +33 (0)4 50 55 54 55 planning.megeve@evolution2.com



Les Portes du Mont Blanc Mont-Blanc

Admire exceptional views of the Mont Blanc mountain range together as a family on breathtaking hikes.

Panoramic playground

Top of Le Jaillet

6 July to 3 September, from 10.30 am to 5 pm, subject to weather conditions Come and have fun with a view of Mont Blanc. A variety of play features for kids of all ages, including the famous eagle's nest.

From 3 years under the responsibility of

parents • Le Jaillet lift prices: adult €11 single and €18.50 return; child (5-14 years) €9 single and €14 return (subject to change).

Great

• Children under 5: free with presentation of proof of age.

• Family deal: 10% discount when you purchase at least 4 return trips including at least 2 children.

Added

• Picnic tables, relaxation area, electric plancha.

- Mölkky games available.
- Toilets at the gondola lift top and bottom stations.

• Free parking at the bottom of the gondola lift (parking disc compulsory, 7 hours maximum).

Les Portes du Mont-Blanc +33 (0)4 50 21 01 50 contact@lesportesdumontblanc.fr



UNMISSABLE ACTIVITIES for those who love the Le Palais sports complex

FIND YOU INNER CALM

SPA - wellness and treatment centre

The spa is not just for parents. A variety of treatments and products are on offer for children and teenagers. Our team is at your service to advise you and meet your requirements.

Parent/child paired treatments

Parents and children can enjoy a moment of relaxation during a massage.

6 to 10 years • Booking required Price: 20-min. massage €85

Spa for teenagers

Enjoy 30 minutes of access to our spa before your treatment starts.

11 to 14 years • Booking required • Prices: 45-min. relaxing massage €75, Purifying or moisturising face treatments 45 min. €70.

My first massage SPA - wellness and treatment centre

Back, arms, hands or face. Whatever you choose, it will be a gentle massage to help your child relax.

For children aged 6 to 10 accompanied by an adult

Booking required • **Price:** 20-min. massage €36

Spa, Le Palais +33 (0)4 50 18 87 95 spa@megeve.fr







Family time in the balneotherapy centre

29 June to 15 September, 10.00 am to midday, Saturday and Sunday Balneotherapy centre, Le Palais

Children under 5 are the focus of an unforgettable time having fun playing together with you in water heated to between 32°C and 34°C.

For the whole family • *Prices:* adult €25.60, child €9.30. Free for under 5s.

PALAIS LEISURE CENTER

Crazy golf

1 May to 5 July, 9.00 am to midday and 1.30 pm to 7.30 pm; 6 July to 8 September, 8.00 am to 8.00 pm

Come and enjoy quality time with the family as you discover the joys of golfing.

For the whole family • *Price:* child (5 to 14 years) €3 • Free for children under 5





Pumptrack 25 April to 31 October

Come and try all sorts of combinations of dips, whoops and berms on a bike, skateboard, scooter or rollerblades. Who will be the most daring?

From 6 years • Free admission.



Le Palais Megève +33 (0)4 50 21 15 71 lepalaismegeve.com

Climbing as a pair Every Tuesday from 9 July to 27 August, 2.00 pm to 2.30 pm or 2.30 pm to 3.00 pm

Come and learn the basics of climbing as a pair with our instructors for 30 minutes. All the secrets of figure-of-eight knots and belaying will be revealed to you!

For the whole family • Price: €15 per pair (1 adult + 1 child or 2 adults). Equipment included. Sign up at the Le Palais desks or at lepalaismegeve.com.







Tennis

1 May to 5 July, 9.00 am to midday and 1.30 pm to 7.30 pm; 6 July to 8 September 8.00 am to 8.00 pm

Looking for somewhere to hit a ball about? Tennis courts are available to hire to enjoy sports as a family or to take lessons.

For the whole family • Prices: hire of hard courts €16/h and courts with a synthetic grass surface €18/h.

Le Palais Megève +33 (0)4 50 21 15 71 lepalaismegeve.com

UNMISSABLE ACTIVITIES

in the cultural sphere



The 'Murmures des sous-bois' exhibition by Oxaléa, otherwise known as Léa Layeux

From 6 July to 1 September every day except Monday, 3.00 pm - 7.00 pm. And during the European Heritage Days on 21 and 22 September.

Come and see the works of this visual artist and be inspired by her natural creations to collect plants from the undergrowth and make your own decorations.

6 years and over • Price: free for children, school groups and students, adults €3 Workshops with the artist on 25 July and 8 August please see the programme

Le Palais, Edith Allard Modern and Contemporary Art Space +33 (0)4 50 21 27 28 or +33 (0)4 50 91 85 67 visitmegeve.uk

Baroque investigation 'In search of the lost goddess' All year round

Set off on an adventure with the great traveller Helvetius Barocus and find out about the secrets of Megève's history during the Baroque era! Lead an independent investigation in the heart of the village to solve the enigma of the lost treasure.

8 years and over, accompanied by an adult Investigation maps available from Megève

Tourist Office. Free, self-guided.

Added
Baroque investigator diploma awarded
by Megève Tourist Office with a gift.

Details from Megève Tourist Office +33 (0)4 50 21 27 28 visitmegeve.uk





Megève discovery trails

New self-guided tour of the 16 chapels and oratories of Calvaire. A great family walk in the footsteps of 19th-century pilgrims, with a picnic break with panoramic views or a snack at the Refuge du Calvaire.

Ages 12 and over

- Added
- Free app to download

Details from Megève Tourist Office +33 (0)4 50 21 27 28 visitmegeve.uk

Micro-Folie

Le Palais auditorium

First Wednesday in every month, 4.00 pm to 6.00 pm and throughout the summer outside the centre on different themes (art & sport games)

Learn about great works of art in this digital museum, with a rich and varied programme of cultural activities to stimulate your curiosity: fine arts, architecture, scientific culture and entertainment. The Micro-Folie also has a virtual reality space (tablets and headsets) offering a selection of immersive content.

8 years and over • Free admission

Detailed programme available from Megève Tourist Office Information +33 (0)4 50 91 03 38 microfolie@megeve.fr





RANDØ FAMILLE DISCOVERING BIODIVERSITY

FROM JULY 8 TO SEPTEMBER 1, 2024 On the Calvary site

10€ per family - Registration and reservation : Megève Tourisme + 33 (0)4 50 21 27 28 or Musée de l'Ermitage du Calvaire +33 (0)4 50 21 59 15 / <u>visitmegeve.uk</u>





CHILDCARE and courses for children

Esprit Famille is a hospitality initiative which aims to provide you with an unforgettable holiday to share with your family or to enjoy separately. This is why various professionals and the Megève municipality have put together different options for your childcare. Parents can enjoy their holiday while their children have fun and enjoy some new experiences. So, go ahead and let everyone create their own holiday memories.

Trapper courses outdoors "Courses for all!"

From 7 July to 23 August, from Sunday to Friday, 10.00 am to 4.00 pm.

Set off on an adventure and explore the natural world in a fun and informative way through a number of activities, including dog hiking, aqua trekking, orienteering, den building, walking with donkeys and games for all, etc. For 9 to 13 year olds, there is paintball, a night spent in two tipis in an alpine meadow, an evening camp fire and a trappers' meal.

4-5 years - 6-8 years - 9-13 years • Booking required **Price:** €600 for 6 days + a picnic packed in your backpack

Great Deal

• 30% discount for the third child of the same family or for the third course of the summer season.

Added

- Free cap with child's name
- Presentation of a 'trapper's badge' at the end of the week

Sandrine Janet +33 (0)6 87 82 24 38 sandrine@monitrice.fr trappeurs-megeve.com





Summer Camp From 8 July to 30 August, Monday to Friday

Do your children love outdoor activities and you want to enjoy your holiday? The Summer Camp is what you need! 5 days introducing them to a whole host of outdoor activities, including rafting, hiking, mountain biking, climbing, as well as the flor and fauna.

7 to 15 years • Booking required **Price:** from €580 (including supervision, equipment and transport to activity sites), 9.30 am to 4.00 pm

Evolution 2 +33 (0)4 50 55 54 55 planning.megeve@evolution2.com



Course of riding lessons

We offer one-week courses so that your children can become familiar with horses, become confident riders and enjoy several activities such as trekking, pony games and carriage driving.

3 to 14 years • **Price** kiddies' course (3-6 years): €187, Monday, Thursday and Friday 10.00 am to midday **Price** junior course (7-14 years): €248, Monday to Friday, 2.30 pm to 5.30 pm

Le Cheval de Feug +33 (0)4 50 93 32 89 info@chevaldefeug.com chevaldefeug.com

English immersion in Megève: Summer Camp 7 July to 10 August

Weekly from 9.00 am to 5.30 pm, with full-board accommodation. This is an exceptional summer experience for your child in Megève. Our language immersion programme offers much more than just teaching. It combines sporting and artistic activities with learning French or English. Daily 'day camper' courses for children, Monday to Saturday 9.00 am to 5.30 pm (4.00 pm on Saturday) or just attend the language lessons. In the morning, 9.00 am to midday, Monday to Friday. Booking required.

6 to 16 years • Booking required **Price:** from €460 per week.

Great Deals

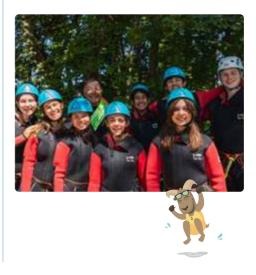
- 10% reduction for registrations before 31/12
- 5% reduction for registrations before 31/03
- 5% reduction for the registration of 2 children

Added

- Language courses limited to 8 children to ensure the best progression.
- Maximum 5 children per supervisor
- More than 30 different nationalities.

Jeunes Diplomates

+33 (0)4 79 37 71 67 • +33 (0)7 78 84 76 77 contact@jeunes-diplomates.com jeunes-diplomates.com



Climbing course

From 1 July to 30 August, 5-morning outdoor course, Monday to Friday from 8.45 am to 12.15 pm.

From introductory courses for beginners to advanced courses for experienced climbers, our guides will be delighted to share their knowledge of climbing.

8 years and over • In the event of bad weather, the sessions take place indoors. Meet in front of the Bureau des Guides • **Price**: €300

Added

- Personal climbing logbook
- Medal included

Bureau des Guides de Megève +33 (0)4 50 21 55 11 contact@guides-megeve.com

Summer courses From Monday to Friday, 3 to 5 day courses

Whether it's creative or sporty, Le Palais provides courses throughout the summer! Find over 20 activities for your children, teenagers or the whole family! Harry Potter, biathlon, yoga + land art, aquatic multi-sports or circus skills, etc. All the courses on offer can be found in the Le Palais brochure. Half day discovery course: with the support of an instructor, your children can enjoy a varied programme that enables them to discover the different activities available in Megève, including climbing, mountain biking, tennis, frisbee, golf, swimming in the pool and minigolf, etc. Enjoy action-packed afternoons! *3 to 17 years* • Details and registration at the Le Palais desks• **Price**: €45 to €150

Le Palais +33 (0)4 50 21 15 71 lepalais@megeve.fr lepalaismegeve.com



Creative courses to learn about the mountains 22 July to 25 August, Sunday to Friday. 9.30 am to 12.30 pm and 1.30 pm to 4.30 pm, or 9.30 am to 4.30 pm

Welcome to the Kids Club by La Petite Académie! A memorable experience combining pleasure and learning! Supervised by our qualified activity leaders, they'll join in with a whole variety of artistic pursuits, games and sports. Every day will be filled with adventures and new friendships. Join us and explore the wonderful world of the mountains.

4 to 12 years • Meet at Le Novotel - Le Domaine De Meztiva, 1306 Rte Nationale Prices: €30 for half a day, not including lunch - half day including lunch at Le Novotel - €70 a whole day including lunch at Le Novotel Great Deal

• € 320 Monday to Friday

Added

• Themed evenings, Wednesday and Friday 7.30 pm to 9.00 pm (no dinner)

La Petite Académie

+33(0)6 83 16 55 39 / +33 (0)6 77 12 07 07 Sign up online: lapetiteacademie.com



PRACTICAL INFORMATION and transport

Equipment rental

Rental of pushchairs, baby carriers and other childcare equipment.

List available from Megève Tourist Office.

Great Deal
Lists of approved nannies and babysitters are available from Megève Tourist Office

Baby changing facilities

Baby changing facilities are available in the car parks (Village, Megève Tourist Office and the Rochebrune cable car), Le Jaillet gondola lift, Le Palais and Megève Tourist Office

Megève Tourist Office +33 (0)4 50 21 27 28 visitmegeve.uk

Free WiFi

Town hall, multimedia library, train station, Le Palais, Megève Tourist Office, Place de la Mairie, Rochebrune cable car arrival station, Le Palais car park, Chalet de la Plaine, open-air ice rink, altiport, Magdelain Tower, Megève Museum, Hermitage Museum, Morand Allard Foundation and Côte 2000. Get your access code from the multimedia library, Megève Tourist Office or via free SMS by connecting directly to the WiFi.

Anna Cantu Photographer

Book a personalised family holiday photo shoot. Capture your holiday memories forever, with a family photo shoot at your holiday destination, specially designed to immortalise your holiday fun, laughter and activities, both the planned and impromptu!

Tailor-made prices specially for families: anna.cantu.fr/en-vacances

Great Deal

• Services based on time (hours/week, etc.) and not on number of photos.

Anna Cantu +33 (0)6 36 11 21 37 contact@cantu.fr anna.cantu.fr



Bliss Limousines All year round

The Bliss Limousines chauffeurs provide high standards of service adapted to the needs of families with children or teenagers:

- Bespoke private transfers to and from the train station or airport and pick up of your children until check-in or via security.

- Transfers of your children from their place of stay to their chosen activity (ski lifts, Le Palais etc.).

- Provision of a vehicle with driver for the duration of your stay.

- We can put you in touch with one of our partners and take care of the administrative details for the rental and delivery of a vehicle to your holiday destination.

Added

BLISS VTC

 Child seats, booster seats, free bottle of water and packet of tissues available in our vehicles. For any other needs, please enquire at the time of booking (invoiced service).

• Vans with a capacity of 7 passengers, disinfected between each customer.

Meg-Bus shuttle buses

Various routes within the resort make it easy to get to the ski lifts and the main sites in Megève. Buses now run on environmentally friendly natural gas (CNG).

Free

Mea-Bus meabus.com Download our free Pysae app





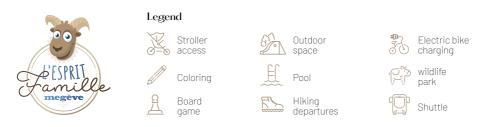




RESTAURANTS Esprit Famille

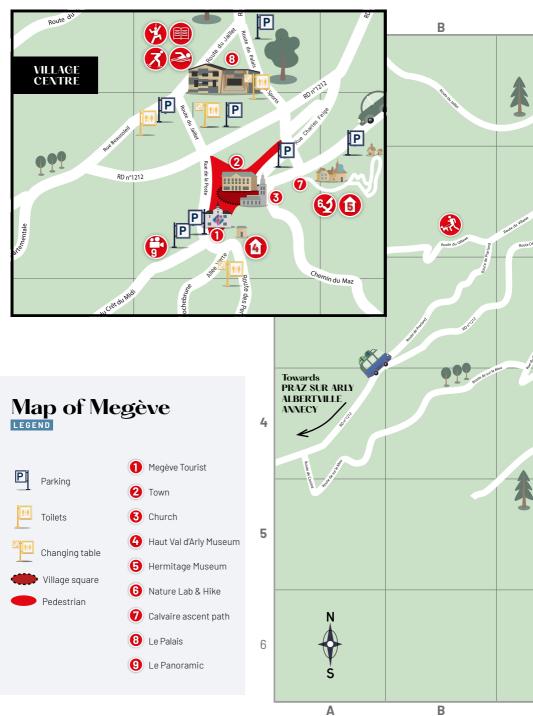
All the restaurants listed below have the following facilities as a minimum: children's menu, high chair, booster seat, bibs and children's dishes, possibility of warming a bottle or jar of baby food, child-friendly sanitary facilities (children's toilet seat, changing table, step for washbasin), family guide, programme of activities, maps of walking routes. Please note that this list is not exhaustive and includes those businesses who want to be part of the 'Esprit Famille' initiative.

RESTAURANTS		
Name and Tel. No.	Added Bonuses	Good Deals
Le Saint Nicolas Hôtel Coin du Feu +33 (0)4 50 21 04 94	K / A Es	Free breakfast for children up to 3 years old.
Auberge de Bonjournal +33 (0)4 50 55 80 41 +33 (0)6 20 66 46 17	<u> 278 55</u>	
Le Refuge +33 (0)4 50 21 23 04		Packed lunches available to buy if ordered the day before.
Le Flocons Village +33 (0)4 50 78 35 01	X.	
Le Bistrot de l'Alpaga +33 (0)4 50 91 48 70	<u>₹ ∥ 4 ES (</u>]	Picnics available every day, if ordered the day before. Breakfast for external customers (€55 per adult and €25 per child)
La Table de l'Alpaga +33 (0)4 50 91 48 70		
La Table du Cœur +33 (0)4 50 21 25 98	<u>×</u>	
La Table des Cochers Résidence les Loges Blanches +33 (0)4 50 47 37 30		Free breakfast for children under 6. Free cake for children under 12 who are celebrating their birthday during their stay.
Le Refuge du Calvaire +33 (0)4 50 47 54 39	K / A ES FP	
Le Meztiva, Refuge Gourmand +33 (0)4 86 80 07 90		Free breakfast for children under the age of 16 years! Kids Club with activity leader in July and August * Near Le Palais



RESTAURANTS		
Name and Tel. No.	Added Bonuses	Good Deals
Kaito +33 (0)4 50 78 62 64	K/ASALP	Free meals for children under 6 years of age, 50% discount on meals for children up the age of 12. Kids club, teen zone, valet parking
Le Club du Mont d'Arbois +33 (0)4 50 93 03 43	K Es Ér	
La Petite Fontaine +33 (0)7 83 23 34 39	K / A ES ÉA GP	Open every lunchtime. Book ahead for fondue night at the chalet: €25/ adult, €15/child.
Les Fermes de Marie Restaurant Traditionnel +33(0)4 50 93 03 10	<u> </u>	
Hôtel Mont Blanc Le Relais +33 (0)4 50 21 20 02	K / 55 92	
Le restaurant La Ferme du Golf +33(0)4 50 21 14 62	K. / A 55 22	
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CHRISTMAS VILLAGE







SATURDAY 11 AND SUNDAY 12 JANUARY 2025

THE VVF GRANDE ODYSSÉE DOG







This summer, discover Aquagames

Tuesdays — 2.00 pm to 5.00 pm

POOL COMPLEX, LE PALAIS



megève

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lepalaismegeve.com



Get the full Megève experience with the free "Megève Officiel" app

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